

## **Supervision training programme for management and front-line staff**

Supervision is the orientation of energy towards the exploration, support and development of the basic mission of an organisation. As a trained supervisor, you will guide and support members of the work community in experiential learning and growth by helping supervisees to explore their work practices and become aware of the thoughts, attitudes and feelings they have about themselves and others. Through supervision, you help them to find new ways of looking at their work and to reduce the psychological stress of their work.

### **Who is the training for?**

The training is best suited to you if you have experience in roles such as frontline worker, trainer, consultant, workplace and staff developer or occupational health. You could equally well be a senior or middle manager, a specialist or an entrepreneur.

### **Supervision training dates**

The training lasts two years and covers 80 credits. The programme exceeds the minimum of 60 credits set by the Finnish supervisors' association (STOry) by more than 30%. We make sure that you have the opportunity to complete all the credits within the training period. Even if you are unable to attend one of the training days.

### **Content of the training for management and front-line staff**

The training programme combines cognitive, psychodynamic and socio-constructive learning thinking. The focus of the training is on the counselling of managers and executives. However, the training also qualifies people more broadly to supervise the work of the whole work community at all levels of the organisation.

The residential courses consist of experiential group work, multifaceted exercises, expert lectures, supervising practice and presentations by trainees.



WE ARE PART OF PROFESSIO GROUP.

The training programme for management and front-line staff will take place over two academic years (16.9.2024 - 22.9.2026). The programme consists of:

- 12 training sessions: 11 two-day sessions and a four-day internship at the end of the first academic year
- a series of reflection and essay assignments based on literature in the field
- peer group work and supervision
- tool workshops
- work placements
- supervision of work placements (toto)
- self-reflection
- the use of a variety of group processes and exercises
- the project work.

**Price: 7750 € + VAT**

Information:

Jaana Parkkila

Product Group Manager

[jaana.parkkila@mif.fi](mailto:jaana.parkkila@mif.fi)

Tel. +358 50 408 8044



WE ARE PART OF PROFESSIO GROUP.

**Our Mission Is to Create the World's Most Competent People.**

**Professio** | B2B Events and Trainings | [professio.fi](https://www.professio.fi)

**MIF** | Management Training Programs and Vocational Qualifications | [mif.fi](https://www.mif.fi)

**Tieturi & Upload** | IT Events & Trainings | [tieturi.fi](https://www.tieturi.fi) | [upload.fi](https://www.upload.fi)

**BIG Business Insight Group** | International Virtual and Hybrid Events | [bignordic.com](https://www.bignordic.com)

professio GROUP

professio

MIF

Tieturi

BIG BUSINESS  
INSIGHT  
GROUP